

FIRST STOP: PT!



Striving to be a First Line Choice

APTA North Dakota Supports Us!

Currently, Physical Therapists are unable to sign off on permits and return to work documents due to not being recognized as a practitioner.

As the experts in the field of biomechanics and anatomy, we have the knowledge and ability to determine a patient's need for imaging and accessibility options via disability parking as well as their readiness and ability to perform the necessary skills to return to work and shoot a bow.

Health effects of direct triaging to physiotherapists in primary care for patients with musculoskeletal disorders: a pragmatic randomized controlled trial.

Conclusions: Triaging to physiotherapists for primary assessment in primary care leads to at least as positive health effects as primary assessment by GPs and can be recommended as an alternative management pathway for patients with musculoskeletal disorders.
-Bornhoft, et al 2019

RESOURCES

1. Sahrman, S. (2022). Doctors of the Movement System-Identity by choice or Therapists Providing Treatment-Identity by Default. IJSPT. 17(1): 1-6.
<https://doi.org/10.26603/001c.30175>
2. Childs, J. Whitman, J. Sizer, P. et al (2005) A description of Physical Therapists' Knowledge in Musculoskeletal Conditions. BMCMD. 6 (32): 1-7.
[doi:10.1186/1471-2474-6-32](https://doi.org/10.1186/1471-2474-6-32)
3. Kearns, M. Ponichtera, N. Rucker, T. (2014). Physical Therapists as Practitioners of Choice: Consumer Knowledge of Practitioner Skills and Training. JOPTE. 28(1): 64-72.
4. Childs, J. Whitman, J. (2005). Advancing Physical Therapy Practice: The Accountable Practitioner. JOSPT. 35(10): 624-627.

Exciting News!

SENATE BILL 2191

This bill would allow physical therapists as providers who can sign statements for applications for mobility impaired parking permits, has passed the North Dakota senate vote!

Up next it needs to be passed by the house. Then onto the governor for veto or signature. If the bill is signed, it will become law August 1.

As mobility experts physical therapists would be a great addition to providers that can issue mobility impaired parking permits. Therapist are assessing gait, endurance, strength, and range of motion during all evaluations.

Often therapists are seeing clients more often than they are seeing their PCPs. Giving therapist the opportunity to help clients to obtain mobility impaired parking permits in a more timely manner.



IMPLEMENTATION OF DIRECT ACCESS PHYSICAL THERAPY WITHIN THE MILITARY MEDICAL SYSTEM

-SZYMANEK, JONES, ET AL.

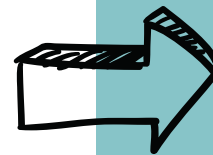
"Seeing a PT first was associated with an estimated \$3.6 million in reduced utilization costs, lower rates of referral to specialty care, and decreased rates of long-term disability."

Continuing Education

" This course is not just an upgrade to any differential diagnosis class you've ever taken, it provides ACTIONABLE elements to what you as a PT can do to help your patients through their course of care. The population is growing much faster than the physician count, with greater and greater prevalence of underlying metabolic disease.



As physical therapists we are perfectly placed to play a larger role in helping patients to lead healthier and happier lives and receive more effective care. In order to do that, we need more information and greater confidence in our understanding of these aspects. This course strives to reach that goal."



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