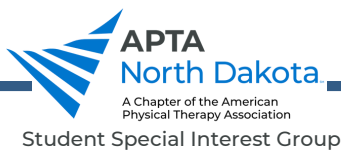


## Message from the Board:

Thank you to everyone who joined us and Dr. Christel Parvey at the monthly meeting!

We would also like to extend a welcome home everyone who was able to attend CSM in Boston -- we cannot wait to hear about the knowledge and experiences you gained, as well as who you were able to meet and add to your professional network. If you were unable to join at CSM, remember that there are a multitude of ways to learn, get involved, and network through the APTA, Sections, and SIGs.



Student Special Interest Group

## APTA SECTION SHOWCASE March 11 at 7 PM CST

The APTA-ND Student SIG will be hosting representatives from various sections throughout the APTA during next month's virtual meeting. We have an excellent line-up so far, you do not want to miss this! Check out the speaker highlights on our Facebook and Instagram!

**All PT and PTA students are welcome to join!**

## UPCOMING EVENTS

### Continuing Education Opportunities:

*Managing Cervicothoracic Conditions in Clinical Practice:*

*Excelling at the Basics of Manual Physical Therapy*

*Dates: Friday, April 19th - Saturday, April 20th*

*Location: University of Jamestown PT Program*

*4190 26th Ave S, Fargo, ND*

*Cost: Life/Student Member = \$188*

*<https://aptand.com/event-5516107>*

*If you are a part of a SIG, or if your school is hosting an event that you believe other students would benefit from, please send us the information so we can share with the rest of SSIG!*

**UPDATE:**  
We've updated our social media to be more cohesive with other SSIGs in the nation!

How was CSM, Corbin??

"I loved the opportunity to network with other students and presenters in both formal and informal capacities. It was really cool to meet some of the people whose research is shaping my education or others who have written the textbooks we study out of. Being able to shake their hand and connect with them was a really special opportunity."

What surprised you?

"I was in awe for a solid 24 hours after arriving at CSM. The vast quantity of people who have devoted their lives to physical therapy and witnessing the way that we were all able to grow and learn from one another was a one-of-a-kind experience."

Why should I go as a student?

"CSM opened my eyes to the vastness of our profession. I think it's easy to get in this mindset that you are going to graduate, check Indeed for job listings, start working at the first one you get accepted, and never look back. OUR PROFESSION IS SO MUCH MORE THAN THAT, and CSM is a great way to unlock new opportunities personally and professionally, (hopefully) leading to a fulfilling and meaningful career."

## FEBRUARY MEETING HIGHLIGHTS

No new information. Just be sure that you join us on Teams every second Monday! Below is a summary of what we learned from our guest!

*Dr. Christel Parvey has been practicing PT for 23 years, and currently works for Sanford Health in Grand Forks/East Grand Forks. She is certified in postural restoration and utilizes a holistic approach when evaluating and treating patients, including working with her patients' dentists and optometrists!*

*In our future practice, we should measure jaw excursion and look at the bite symmetry. Also be sure to ask your patient about jaw clenching and morning headaches.*

**Thank you for joining us, Dr. Parvey!**

**If postural restoration interests you, check out the Postural Restoration Institute ([posturalrestoration.com](http://posturalrestoration.com)) to learn more!**

What did networking look like?

"Networking" is a very loose term, and it is whatever you make of it. In a lot of circumstances, it's offering a handshake and introducing yourself to anyone and everyone. It's also utilizing some of your new friends to introduce you to the people that they know. I met so many people at CSM between talking to presenters, random people in the hallway, meeting people at the social events, and no two encounters were similar."

